

# **INTERNAL ASSIGNMENT QUESTIONS M.A. (PSYCHOLOGY) SEMESTER - II**

**2025**



**PROF. G. RAM REDDY CENTRE FOR DISTANCE EDUCATION**

(RECOGNISED BY THE DISTANCE EDUCATION BUREAU, UGC, NEW DELHI)

**OSMANIA UNIVERSITY**

(A University with Potential for Excellence and Re-Accredited by NAAC with "A" + Grade)

**DIRECTOR  
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**PROF.G.RAM REDDY CENTRE FOR DISTANCE EDUCATION  
OSMANIA UNIVERSITY, HYDERABAD – 500 007**

Dear Students,

Every student of M.A. Psychology II semester has to write and submit **Assignment** for each paper compulsorily. Each assignment carries **30 marks**. The marks awarded to the students will be forwarded to the Examination Branch, OU for inclusion in the marks memo. If the student fail to submit Internal Assignments before the stipulated date, the internal marks will not be added in the final marks memo under any circumstances. The assignments will not be accepted after the stipulated date. **Candidates should submit assignments only in the academic year in which the examination fee is paid for the examination for the first time.**

Candidates are required to submit the Exam fee receipt along with the assignment answers scripts at the concerned counter on or before **05-03-2025** and obtain proper submission receipt.

**ASSIGNMENT WITHOUT EXAMINATION FEE PAYMENT RECEIPT (ONLINE) WILL NOT BE ACCEPTED**

**Assignments on Printed / Photocopy / Typed will not be accepted and will not be valued at any cost. Only**

**HAND WRITTEN ASSIGNMENTS will be accepted and valued.**

**Methodology for writing the Assignments (Instructions) :**

1. First read the subject matter in the course material that is supplied to you.
2. If possible read the subject matter in the books suggested for further reading.
3. You are welcome to use the PGRRCDE Library on all working days for collecting information on the topic of your assignments. (10.30 am to 5.00 pm).
4. Give a final reading to the answer you have written and see whether you can delete unimportant or repetitive words.
5. The cover page of the each theory assignments must have information as given in FORMAT below.

**FORMAT**

1. NAME OF THE STUDENT :
2. ENROLLMENT NUMBER :
3. NAME OF THE COURSE :
4. SEMESTER ( I, II, III & IV) :
5. TITLE OF THE PAPER :
6. DATE OF SUBMISSION :
6. Write the above said details clearly on every subject assignments paper, otherwise your paper will not be valued.
7. Tag all the assignments paper wise and submit them in the concerned counter.
8. Submit the assignments on or before **05-03-2025** at the concerned counter at PGRRCDE, OU on any working day and obtain receipt.

**DIRECTOR**

# **M.A. PSYCHOLOGY - SEMESTER II**

## **INTERNAL ASSESSMENT**

### **Paper – I : HEALTH PSYCHOLOGY**

#### **SECTION – A**

**UNIT – I : Answer the following short questions (each question carries two marks)**

**5x2=10**

1. Explain the Illness – Wellness Continuum.
2. Define bidirectional relationship between health and illness.
3. Describe behavioral techniques used to manage pain.
4. Discuss the causes of heart diseases and stroke.
5. Relaxation and Stress management techniques along with their benefits.

#### **Section-B**

**UNIT – II : Answer the following questions (each question carries Ten marks)**

**2x10=20**

1. Explain in detail Theories of Health Protective Behavior.
2. Describe in detail how attitudes towards death change across the lifespan, from infants to old age and the implications for end – of – life care.

# **M.A. PSYCHOLOGY - SEMESTER II**

## **INTERNAL ASSESSMENT**

### **Paper – II : POSITIVE PSYCHOLOGY**

#### **SECTION – A**

**UNIT – I : Answer the following short questions (each question carries two marks)**

**5x2=10**

1. Measures of Strengths
2. Flow
3. Self – efficacy
4. Types of Forgiveness
5. Gainful Employment

#### **Section-B**

**UNIT – II : Answer the following questions (each question carries Ten marks)**

**2x10=20**

1. Write briefly the Eastern and Western perspectives of Positive Psychology.
2. Explain briefly the significance of Positive Psychology Interventions.

# **M.A. PSYCHOLOGY - SEMESTER II**

## **INTERNAL ASSESSMENT**

### **Paper – III : SOCIAL PSYCHOLOGY (203)**

#### **SECTION – A**

**UNIT – I : Answer the following short questions (each question carries two marks)**

**5x2=10**

1. What is cognitive dissonance ?
2. Self – fulfilling prophecy.
3. Types of Aggression.
4. What are the factors that influence conformity ?
5. What is crowding ?

#### **Section-B**

**UNIT – II : Answer the following questions (each question carries Ten marks)**

**2x10=20**

1. Explain five – step model of prosocial behavior & discuss motives for prosocial behavior.
2. Explain Minimal Group Paradigm and Relative Deprivation Theory.